

Laura Schummer (CPCC - Certified Professional CoActive Coach)

Coach, mentor, group facilitator, thought agitator and change activator.

As a coach, employee and private person, I am driven to honour and empower the humanity within relationship systems and organisations, for individual as well as collective ease in communications and efficiency.

Working with relationship tools, leadership models, analytical processing, metaphors and storytelling, my drive is to help people understand their values and behaviours.

I intentionally invite my clients to notice their patterns, strengthen the ones that serve them and upset the ones that limit them in order to activate desired change.



I am based in Luxembourg and have living, educational, travel and work experience worldwide. I work and create in the Luxembourgish, English, German, and French.

As a certified coach since 2015, I work with individual clients on a one-on-one basis and have developed, lead and co-lead a number of group workshops. I am trained in coaching, leadership and group facilitation through CTI (the Coaches Training Institute, California) and Points of You – the Coaching Game (Tel Aviv, Israel).

For my professional path, I studied communications for management in Paris in the late 1990s, then worked in the Corporate Communications, Public Relations and Marketing field in Luxembourg for more than 10 years. In 2012, I changed the course of my career towards personal development work. I now balance my own coaching and growth practice with a part-time job as a flight attendant. I have in depth work experience in both corporate strategy as well as customer-facing operational settings, and can therefore relate to the diverse environments of my clients.

About Me - I am at home in Luxembourg, I feel at home in the world.

Born and raised in Luxembourg to a Luxembourgish airline professional and a British expatriate working for the EU, I grew up with a strong sense of foundation as well as a well-fed travel bug. **I went through my all my general schooling and employment in Luxembourg, I studied and interned in Paris and I still get my most alive knowledge from travelling, talking with and listening to people, training new skills, personal processing and reading.**

I consider myself world-savvy, a hungry learner and a creative writer. **I enjoy delving into countries, cultures, experiences, relationships, languages, moments and dreams, and I love writing about my observations.**

I speak and write four languages fluently. My creative writing language is English, and at times German.

I grew up speaking **English** and **Luxembourgish**, I speak and write **French** and **German** fluently.

Personal growth in service of community - most relevant personal development.

Omega90 – Volunteer training to accompany people and their families through end of life and grief, Luxembourg, 2021

Points of You – Creative Practice teacher training, Warsaw, Poland, 2019

100hour **yoga** teacher training, Rishikesh, India, 2019

Points of You - The Coaching Game teacher training, Arizona, USA, 2018

ACMT – Advanced Clinical Massage Therapy bodyworks training, Brighton, UK, 2016 & 2017 & 2022

200hour **yoga** teacher training, Kovalam, India, 2016

ORSC – Organisational Relationship Systems Coaching, fundamentals, Amsterdam, The Netherlands, 2015

CPCC, professional certification as co-active coach, the Coaches Training Institute, Luxembourg & Madrid, Europe and California, USA, 2015

CTI Leadership training in Sitges, Spain, November 2014.